

# What's on

at Young Hackney, Forest Road Youth Hub 29 Forest Road, E8 3BY



## Forest Road Junior Summer Programme

This year our Junior Summer Programme will be running from Monday 23<sup>rd</sup> July 2018 to Friday 24<sup>th</sup> August 2018 10am to 3pm, for the ages from 6 to 12 year(s). Each of the five weeks has an individual theme, with activities carefully chosen to inspire, challenge and encourage young people to learn new skills all whilst having fun.

Week 1: Self-Image and Personal Identity 2: Outdoor and Adventure Week 3: Trying Out New Things, Week 4: Discovery, Week 5: Celebration

Every day Open Access, Ground Rules and Group Games will take place from 10- 11:30am; and Lunch from 1-2pm  
Please note that places on trips are based on regular attendance and the star chart

Monday 23 <sup>rd</sup> July to Friday 27 <sup>th</sup> July 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
<b>11:30-12:30:</b> Mini Games (6-7) <b>11:30-1:</b> Handball <b>11:30-1:</b> Cool Crafts: Self Portrait Posters <b>2-3:</b> Short Tennis <b>2-3:</b> Food for Thought (Theory) <b>2-3:</b> Arts and Crafts: Canvas Painting <b>2-3:</b> Carnival Dance <b>2-3:</b> Puzzle Making (6-7)	<b>11:30-12:30:</b> Mini Games (6-7) <b>11:30-1:</b> Tag Rugby <b>11:30-1:</b> Cool Crafts: Pop-up Art Cubes <b>2-3:</b> Street Sports <b>2-3:</b> Tri Golf <b>2-3:</b> Arts and Crafts: Canvas Painting <b>2-3:</b> Young Voices <b>2-3:</b> Getting to Know Me Workshop <b>2-3:</b> Indoor Obstacle Course (6-7)	<b>11:30-12:30:</b> Mini Games (6-7) <b>11:30-1:</b> Basketball <b>11:30-1:</b> Cool Crafts: Clay Modelling- Personalised Keepsakes <b>2-3:</b> Badminton Tournament <b>2-3:</b> Art Therapy: Self-affirmation Care Boxes <b>2-3:</b> Creative Writing: My Inspiration <b>2-3:</b> Exploring Nature and the Wilderness: Curve Garden <b>2-3:</b> Parachute Games (6-7)	<b>11:30-12:30:</b> Mini Games (6-7) <b>11:30-1:</b> Futsal <b>11:30-1:</b> Cool Crafts: Clay Modelling- Personalised Keepsakes <b>2-3:</b> Kick Boxing <b>2-3:</b> Arts and Crafts: All About Me Collage <b>2-3:</b> Cheerleading <b>2-3:</b> Film Fanatics <b>2-3:</b> Mini STEM Investigators: Pop Rockets	<b>11:30-12:30:</b> Mini Games (6-7) <b>11:30-1:</b> Kwik Cricket <b>11:30-1:</b> Cool Crafts: Glue and Glitter Art <b>11-2:30:</b> Cycle Trip <b>2-3:</b> Dodgeball <b>2-3:</b> Arts and Crafts: The Me Tree <b>2-3:</b> Food for Thought (Practical) <b>2-3:</b> Photography: Picture This

### WEEK 2 - Monday 30<sup>th</sup> July to Friday 3<sup>rd</sup> August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Basketball  <b>11:30-1:</b> Cool Crafts: Leaf Art Painting  <b>2-3:</b> Rock Climbing  <b>2-3:</b> Arts and Crafts: Salt Painting  <b>2-3:</b> Food for Thought (Theory)  <b>2-3:</b> Carnival Dance  <b>2-3:</b> Messy Play (6-7)</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> American Flag Football  <b>11:30-1:</b> Cool Crafts: Street Art Designs  <b>2-3:</b> Swimming Trip @ Kings hall or Britannia (Beginners)  <b>2-3:</b> Street Sports  <b>2-3:</b> Arts and Crafts: Salt Painting  <b>2-3:</b> Young Voices  <b>2-3:</b> Gutter Ball Run: Teambuilding Activity  <b>2-3:</b> Indoor Obstacle Course (6-7)</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Kwik Cricket  <b>11:30-1:</b> Cool Crafts: Nature Clay Models  <b>11-3:</b> Sports Festival: Tennis Serves (YHSU)  <b>1-3:</b> Trip: Mud Chute City Farm (6-7)  <b>2-3:</b> Athletics Challenge  <b>2-3:</b> Art Therapy: Making Bath Fizzers  <b>2-3:</b> Gymnastics  <b>2-3:</b> Creative Writing: My Time Machine Story  <b>2-3:</b> Charades Tournament  <b>2-3:</b> Jungle Animal Puppets Art (6-7)</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Tennis  <b>11:30-1:</b> Cool Crafts: Nature Scapes  <b>11:30-2:</b> Bush craft Adventure  <b>2-3:</b> Swimming Trip @ Kings hall or Britannia (Advanced)  <b>2-3:</b> Bench Ball Tournament  <b>2-3:</b> Arts and Crafts: Salt Painting  <b>2-3:</b> Film Fanatics  <b>2-3:</b> Mini STEM investigators: Stick Raft Building  <b>2-3:</b> Yoga</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Football  <b>11:30-1:</b> Cool Crafts: Nature Clay Models  <b>11-2:30:</b> Urban Adventure Trip (YHSU)  <b>11:30-2:30:</b> Adventure Scavenger Hunt  <b>11:00-3:</b> Trip: Cable Cars Adventure: Exploring the River Thames (Limited spaces)  <b>2-3:</b> Archery  <b>2-3:</b> Food for Thought (Practical)  <b>2-3:</b> Photography: Picture This  <b>2-3:</b> Balance and Agility Bike Course (6-7)</p>

### WEEK 3 - Monday 6<sup>th</sup> August to Friday 10<sup>th</sup> August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Seated Volleyball  <b>11:30-1:</b> Cool Crafts: Melted Crayon Sea Shells  <b>2-3:</b> Lacrosse Taster  <b>2-3:</b> Arts and Crafts: Candle Making  <b>2-3:</b> Food for Thought (Theory)  <b>2-3:</b> Carnival Dance</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Fencing  <b>11:30-1:</b> Cool Crafts: Miniature Home Designs  <b>11:30-2:</b> Leo's Kitchen: Cookery Class  <b>2-3:</b> Swimming Trip @ Kings hall or Britannia (Beginners)  <b>2-3:</b> Street Sports  <b>2-3:</b> Tri Golf  <b>2-3:</b> Arts and Crafts: Candle Making  <b>2-3:</b> Young Voices  <b>2-3:</b> Introduction to Double Dutch: Jump in!  <b>2-3:</b> Indoor Obstacle Course (6-7)</p>	<p><b>8-5:</b>  <b>Trip to Camber Sands Beach</b></p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Goalball  <b>11:30-1:</b> Cool Crafts: Tube Art  <b>11:30-2:</b> Leo's Kitchen: Cookery Class  <b>11-2:30:</b> Canoeing Trip (Limited Spaces)  <b>2-3:</b> Swimming Trip @ Kings hall or Britannia (Advanced)  <b>2-3:</b> Table Tennis Tournament  <b>2-3:</b> Arts and Crafts: Candle Making  <b>2-3:</b> Film Fanatics  <b>2-3:</b> Mini STEM investigators: Glowing Volcanoes  <b>2-3:</b> Yoga</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Rollerblading Taster  <b>11:30-1:</b> Cool Crafts: Stained Glass Sun Catchers  <b>2-3:</b> Kick Boxing  <b>2-3:</b> Food for Thought (Practical)-Recipe Challenge  <b>2-3:</b> Photography: Picture This  <b>2-3:</b> Cycle Trail Ride (YHSU)  <b>2-3:</b> Balance and Agility Bike Course (6-7)</p>

### WEEK 4 - Monday 13<sup>th</sup> August to Friday 17<sup>th</sup> August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Tag Rugby  <b>11:30-1:</b> Cool Crafts: Board Game Making- Puzzle Cubes  <b>1-2:</b> Quiz Zone  <b>2-3:</b> Pool Tournament  <b>2-3:</b> Arts and Crafts: Mosaic Tile Designs  <b>2-3:</b> Food for Thought: Food Tasting  <b>2-3:</b> Carnival Dance</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Hockey  <b>11:30-1:</b> Cool Crafts: Dot to Dot Art/ Weaving  <b>11-3:</b> Trip- Tate to Tate (Limited Spaces)  <b>11-3:</b> Junior choir rehearsal day  <b>2-3:</b> Swimming Trip @ Kings hall or Britannia (Beginners)  <b>2-3:</b> Street Sports  <b>2-3:</b> Arts and Crafts: Mosaic Tile Designs  <b>2-3:</b> Young Voices  <b>2-3:</b> Sand and Glitter Art (6-7)</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Rounders  <b>11:30-1:</b> Wallpaper Mural  <b>11-3:</b> Sports Festival: Athletics (YHSU)  <b>10-6:30:</b> Trip: Young Voices Showcase @ Hoxton Hall (Limited Spaces)  <b>2-3:</b> Athletics  <b>2-3:</b> Art Therapy: Glitter Bracelet Weaving  <b>2-3:</b> Gymnastics  <b>2-3:</b> Creative Writing: My Feel Good Notebook  <b>2-3:</b> Charades Tournament  <b>2-3:</b> Exploring Nature and the Wilderness: Curve Garden</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Futsal  <b>11:30-1:</b> Cool Crafts: Hub Wallpaper Mural  <b>2-3:</b> Swimming Trip @ Kings hall or Britannia (Advanced)  <b>2-3:</b> Bench ball  <b>2-3:</b> Arts and Crafts: Mosaic Tile Designs  <b>2-3:</b> Film Fanatics  <b>2-3:</b> Mini STEM Investigators: Spaghetti and Marshmallow Challenge  <b>2-3:</b> Yoga</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Tag Rugby  <b>11:30-1:</b> Cool Crafts: Hub Wallpaper Mural  <b>11:00-2:30:</b> Urban Adventure Trip (YHSU)  <b>2-3:</b> Wheelchair Basketball  <b>2-3:</b> Food for Thought: Food Art Experiment  <b>2-3:</b> Photography: Picture This  <b>2-3:</b> Balance and Agility Bike Course (6-7)  <b>2-3:</b> Lea Valley Cycling</p>

### WEEK 5 - Monday 20<sup>th</sup> August to Friday 24<sup>th</sup> August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Multi Sports  <b>11:30-1:</b> Cool Crafts: My Summer Memories Booklet  <b>2-3:</b> Short Tennis  <b>2-3:</b> Arts and Crafts: Tie Dye Tote Bags  <b>2-3:</b> Food for Thought( Theory): Celebration Dishes  <b>2-3:</b> Carnival Dance  <b>2-3:</b> Puzzle Making (6-7)</p>	<p><b>11:30-12:30:</b> Mini Games (6-7)  <b>11:30-1:</b> Multi Sports  <b>11:30-1:</b> Cool Crafts: Banners and Bunting Decorations  <b>12-3:</b> Trip: Inflatable Aqua Splash Swimming Trip (Limited Spaces)  <b>2-3:</b> Street Sports  <b>2-3:</b> Arts and Crafts: Tie Dye Tote Bags  <b>2-3:</b> Fifa Tournament  <b>2-3:</b> Computer Coding Challenge</p>	<p><b>11:30-1:</b> Multi-sport  <b>11:30-1:</b> Stars and Stripes: Pop-up Play Road  <b>11:30-1:</b> Cool Crafts: Banners and Bunting Decorations  <b>11-2:30:</b> Rounders Competition  <b>2-3:</b> Athletics Finale  <b>2-3:</b> Art Therapy: Jewellery Making  <b>2-3:</b> Gymnastics  <b>2-3:</b> Creative Writing: A Letter to My Future Self  <b>2-3:</b> Parachute Games (6-7)</p>	<p><b>10-3:</b>  <b>End of summer celebration/ Talent showcase</b></p>	<p><b>8-5:30: Trip to Chessington world of Adventure</b></p>