

What's on

at Young Hackney, Forest Road Youth Hub 29 Forest Road, E8 3BY



FR Senior Summer Programme

This year our Junior Summer Programme will be running from Monday 23rd July 2018 – Friday 24th August 2018. Each of the five weeks has an individual theme, with activities carefully chosen to inspire, challenge and encourage young people to learn new skills all whilst having fun.

Week 1: Outdoor Adventures, Week 2: Arts Appreciation, Week 3: Discovery, Week 4: Enterprise, Week 5: Celebration

WEEK 1 = Monday 23 rd July to Friday 27 th July 2018				
Monday	Tuesday	Wednesday	Thursday	Friday
4-8: Open Access 4-5:30: Transition Session (Quick Snacks) 4-5:30: The Challenge: Group Game 5:30-7: Hackney Youth Parliament (closed session) 6-8: Arts and Crafts 6-8: Health & Wellbeing Drop-In 6-8: Life Skills Inclusion Programme 7-8: Inclusion Sports 7-8: PS4 Tournament	4-8: Open Access 4-5:30: Transition Session (Lemonade Stand) 4-5:30: The Challenge: Black Jack Competition 5-6: Table Tennis Coach 5-6: Body Weight Workout Circuit 5-6:30: Mosaic Art 5:30-7: Sports Photography (fortnightly) 6-7: South Youth Forum (fortnightly) 6-8: Young Women's Group 6-8: Young Men's Group 6-8: Studio Sessions (by appointment only) 6-8: Prospects Drop-In	4-8: Open Access 4-5:30: Transition Session (Smoothie/Monster Shakes) 4-5:30: The Challenge: Game of Life 5-6: 3-A-Side Football 5-8: Random Theatre 6-7: Introduction to Logic (Music Production) 6-7: Photography: Community-Our Hackney Project 6-8: Healthy Cooking (Theory)	4-8: Open Access 4-5:30: Transition Session (In a Wraps) 4-5:30: The Challenge: Build a House of Sticks 4-6: Basketball 5-6:30: Self Discovery: What's Your Purpose 5-6:30: Mosaic Art 6-8: The Project 6-8: CHYPS+ Drop-In 6-7:30: Substance Misuse Drop-In 7-8: Basketball 7-8: Calm Convo	Late Night Friday (9pm) 4-8: Open Access 4-5:30: Transition Session (Cake in a Cup) 4-5:30: The Challenge: Pictionary 5-6:30: Multi Sports 5-6:30: Customise Your Old Clothes 6-7: Young Men's Mentoring Programme 6-8: Healthy Cooking (Practical) 6:30-9: Revolutionary Film Night 7-8: Football

WEEK 2 = Monday 30th July to Friday 3rd August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4-8: Open Access 4-5:30: Transition Session (Quick Snacks) 4-5:30: The Challenge: One-Minute Rowing Challenge 5-6:30: Pool Tournament 5-8: Top 10 London Sites: Photo Timed Challenge 5:30-7: Hackney Youth Parliament (closed session) 6-8: Arts and Crafts 6-8: Health & Wellbeing Drop-In 6-8: Life Skills Inclusion Programme 6:30-8: Football 7-8: Inclusion Sports</p>	<p>4-8: Open Access 4-5:30: Transition Session (Lemonade Stand) 4-5:30: The Challenge (paper towel competition) 5-6: Table Tennis Coach 5-6: Body Weight Workout Circuit 5-6:30: Mosaic Art 5:30-7: Sports Photography (fortnightly) 6-7: South Youth Forum (fortnightly) 6-8: Studio Sessions (by appointment only) 6-8: Prospects Drop-In 6:30-8: Multi Sports 7-8: Young Women's Group 7-8: Young Men's Group</p>	<p>4-8: Open Access 4-5:30: Transition Session (Smoothie/Monster Shakes) 4-5:30: The Challenge (Game of life) 4-6: Sailing 5-6:30: Bubble Football Trip 5-8: Random Theatre 6-7: Introduction to Logic (Music Production) 6-8: Healthy Cooking 6:30-8: Multi Sports</p>	<p>4-8: Open Access 4-5:30: Transition Session (In a Wraps) 4-5:30: The Challenge: Stop the Bus Competition 4-6: PS4 Competition 5-6:30: Self Discovery: What's Your Purpose 5-6:30: Mosaic Art 5-7: Kayaking/ Canoeing Trip (Leaside) 6-8: The Project 6-8: CHYPS+ Drop-In 6-7:30: Substance Misuse Drop-In 6:30-8: Multi Sports 7-8: Basketball 7-8: Calm Convo</p>	<p align="center">Late Night Friday (9pm)</p> <p>4-8: Open Access 4-5:30: Transition Session (Bake in a Cup) 4-5:30: The Challenge: Street Fighter Challenge 5-6:30: Customise Your Old Clothes 5-9: Late at Tate Britain Trip 6-7: Young Men's Mentoring Programme 6-8: Healthy Cooking (Practical) 6-8: Inclusion Drama (Immediate Theatre) 6:30-8: Multi Sports 6:30-9: Revolutionary Film Night 7-8: Aspire Girl's Only Boxing Fitness 7-8: Football</p>

WEEK 3 = Monday 6th August to Friday 10th August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4-8: Open Access 4-5:30: Transition Session (Quick Snacks) 4-5:30: The Challenge: One-Minute Rowing Challenge 5-8: Bike Ride: Discover Victoria Park 5:30-7: Hackney Youth Parliament (closed session) 6-8: Arts and Crafts 6-8: Health & Wellbeing Drop-In 6-8: Life Skills Inclusion Programme 6:30-8: Multi Sports 7-8: Inclusion Sports</p>	<p>4-8: Open Access 4-5:30: Transition Session (Lemonade Stand) 4-5:30: The Challenge: Quick Connect Four Competition) 5-6: Table Tennis Coach 5-6: Body Weight Workout Circuit 5-6:30: Mosaic Art 5:30-7: Sports Photography (fortnightly) 6-7: South Youth Forum (fortnightly) 6-8: Studio Sessions (by appointment only) 6-8: Prospects Drop-In 6:30-8: Multi Sports 7-8: Young Women's Group 7-8: Young Men's Group</p>	<p align="center">8-5 Trip to Camber Sands Beach</p>	<p>4-8: Open Access 4-5:30: Transition Session (In a Wraps) 4-5:30: The Challenge: Stop the Bus Competition 4-6: PS4 Competition 5-6:30: Self Discovery: What's Your Purpose 5-6:30: Mosaic Art 5-7: Kayaking/ Canoeing Trip (Leaside) 6-8: The Project 6-8: CHYPS+ Drop-In 6-7:30: Substance Misuse Drop-In 6:30-8: Basketball 7-8: Calm Convo</p>	<p align="center">Late Night Friday (9pm)</p> <p>4-9: Open Access 4-5:30: Transition Session (Bake in a Cup) 4-5:30: The Challenge: NBA Challenge 5-6:30: Customise Your Old Clothes 6-7: Young Men's Mentoring Programme 6-8: Healthy Cooking (Practical) 6-8: Inclusion Drama (Immediate Theatre) 6-9: Cinema trip: Electric Cinema Shore ditch Trip (revolutionary Cinema) 7-8: Aspire Girl's Only Boxing Fitness 7-8: Football</p>

WEEK 4 = Monday 13th August to Friday 17th August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4-8: Open Access 4-5:30: Transition Session (Quick Snacks) 4-5:30: The Challenge: One-Minute Rowing Challenge 5-8: Top 10 London Sites: Photo Timed Challenge 5:30-7: Hackney Youth Parliament (closed session) 6-8: Arts and Crafts 6-8: Health & Wellbeing Drop-In 6-8: Life Skills Inclusion Programme 6:30-8: Multi Sports 7-8: Inclusion Sports</p>	<p>4-8: Open Access 4-5:30: Transition Session (Lemonade Stand) 4-5:30: The Challenge: Water Pong Competition 5-6: Table Tennis Coach 5-6: Body Weight Workout Circuit 5-6:30: Mosaic Art 5:30-7: Sports Photography (fortnightly) 6-7: South Youth Forum (fortnightly) 6-8: Studio Sessions (by appointment only) 6-8: Prospects Drop-In 6:30-8: Multi Sports 7-8: Young Women's Group 7-8: Young Men's Group</p>	<p>4-8: Open Access 4-5:30: Transition Session (Smoothie/Monster Shakes) 4-5:30: The Challenge: Chance 4-6: Kayaking 5-8: Random Theatre 6-8: Healthy Cooking 6-7: Introduction to Logic (Music Production) 6-7: Photography 6:30-8: Multi Sports</p>	<p>4-8: Open Access 4-5:30: Transition Session (In a Wraps) 4-5:30: The Challenge: Stop the Bus Competition 4-6: PS4 Competition 5-6:30: Self Discovery: What's Your Purpose 5-6:30: Mosaic Art 6-7:30: Substance Misuse Drop-In 6-8: The Project 6-8: CHYPS+ Drop-In 6:30-8: Basketball 7-8: Calm Convo</p>	<p>Late Night Friday (9pm) 4-9: Open Access 4-5:30: Transition Session (Bake in a Cup) 4-5:30: The Challenge: PlayStation Challenge 5-6:30: Customise Your Old Clothes 6-7: Young Men's Mentoring Programme 6-8: Healthy Cooking (Practical) 6-8: Inclusion Drama (Immediate Theatre) 6:30-9: Revolutionary Film Night 7-8: Aspire Girl's Only Boxing Fitness 7-8: Football</p>

WEEK 5 = Monday 20th August to Friday 24th August 2018

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4-8: Open Access 4-5:30: Transition Session (The Best of Quick snacks) 4-5:30: The Challenge: One-Minute Rowing Challenge 5-8: Top 10 London Sites: Photo Timed Challenge 5:30-7: Hackney Youth Parliament (closed session) 6-8: Arts and Crafts 6-8: Health & Wellbeing Drop-In 6-8: Life Skills Inclusion Programme 7-8: Inclusion Sports</p>	<p>4-8: Open Access 4-5:30: Transition Session (Lemonade Stand) 4-5:30: The Challenge: Water Pong Competition 5-6: Table Tennis Coach 5-6: Body Weight Workout Circuit 5-6:30: Mosaic Art 5:30-7: Sports Photography (fortnightly) 6-7: South Youth Forum (fortnightly) 6-8: Studio Sessions (by appointment only) 6-8: Prospects Drop-In 7-8: Young Women's Group 7-8: Young Men's Group</p>	<p>4-8: Open Access 4-5:30: Transition Session (Smoothie/Monster Shakes) 4-5:30: The Challenge: Checkers Competition 5-6: Multi Sports 5-8: Random Theatre 6-8: Healthy Cooking 6-7: Introduction to Logic (Music Production) 6-7: Photography</p>	<p>4-8 End of Summer Celebrations</p>	<p>8-6 Trip to Thorpe park</p>