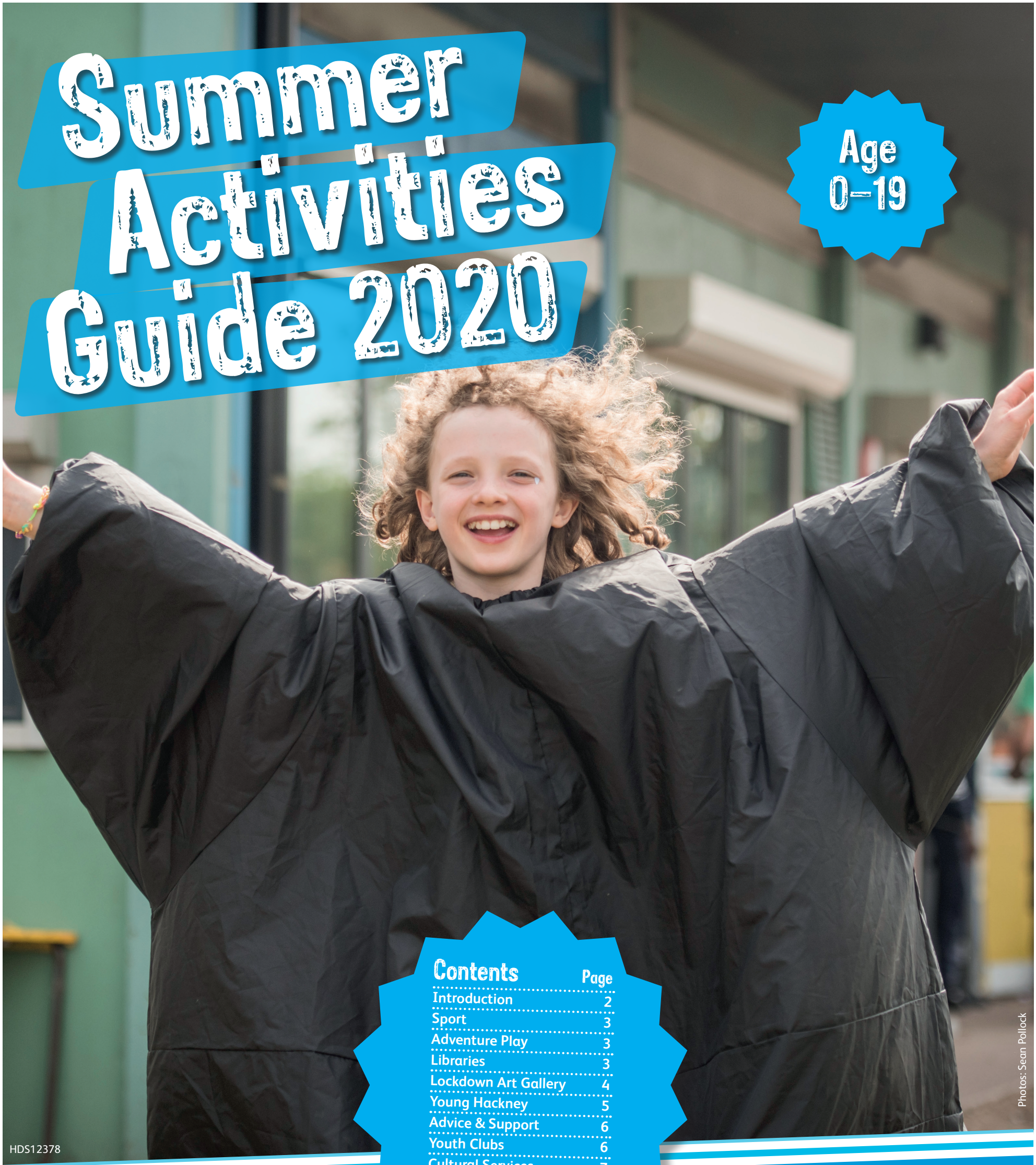
Summer Activities Guide 2020

Age 0–19



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Photos: Sean Pollock

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young hackney

Hackney

Young Hackney Summer Activities Guide 2020

Welcome note from the Deputy Mayor

THIS summer is going to be a summer like no other. After long months under lock down, you will hopefully be able to see more of your friends again, and even though the normal summer activities will be on hold this year there's still so much to look forward to.

As young people, your response to coronavirus has been outstanding. From staying home during lockdown, doing school work at home and supporting each other to showing your appreciation of the borough's hardworking NHS and front line staff and creating amazing artwork for our competitions, you have been doing your bit to keep Hackney safe.

We know that many of you will still be concerned and might be finding it difficult to cope with what's going on across the world. We want you to know that our Young Hackney workers are here to help and support you.

The Council has been working with schools and local organisations to come up with lots of activities that can take place in safe spaces over the summer holiday. In addition to everything in this guide, we are funding 16 schools to run targeted summer activities and this will support over 600 children and young people in Hackney.

So whether it's doing kick-ups, spoken word, creating a new play on wellbeing, learning how to skateboard,or just having fun with other young people, there is something for everyone. Best of all, most of these activities are free.

Young people are Hackney's greatest asset, and we want to make sure you have a good summer. As well as keeping you busy with activities, our youth hubs will be offering support to young people all summer long. Staff at the hubs can offer advice on lots of different things, from careers to healthy eating, or can just be someone to talk to.

So have a look at the guide and use it to make the most of your time off school or college. I wish you all a happy and enjoyable summer.

Deputy Mayor
Anntoinette Bramble

Hackney Youth Parliament

Remember... the future belongs to us!

Abdullahi Yussuf & Aleigha Reeves, members of Hackney Youth Parliament

THIS year summer comes with a sense of uncertainty and in the midst of a pandemic, can we still enjoy it? And how do we as young people use our voices for something positive? We hope our lockdown experiences at Hackney Youth Parliament can give you some insight into the amazing things you too can get involved with this summer.

Covid-19 turned our lives upside down and on 20 May, we held a roundtable meeting with senior staff at Hackney to discuss its impact on our schools and education. To be honest, we left dissatisfied with the meeting as so much remains unclear. Similarly, we attended a meeting with the police and were again disappointed by what we felt was a lack of accountability for improving relations between police and young people.
These meetings got us thinking: how can we incite change where there seems to be a lack of acknowledgement from those people.

Recently we supported the Youth Opportunity Fund to grant nearly £80,000 to over 50 incredible projects thought up by young people for young people.

Proving once again how inspiring the youth of Hackney really are! We also helped organise a weekly art competition and asked young people to creatively capture their feelings during this time. The entries submitted for the art competition were incredible!

We have been really inspired by the presence of the youth voice and action during this pandemic both globally and locally! Young people have also utilised their right to protest, in-person and digitally, to raise awareness and stand in solidarity with the Black Lives Matter movement.
There are big issues that need to be addressed but HYP has no doubt that young people will be at the forefront of these changes. For example, Joshua Brown-Smith is campaigning to keep free bus travel for under 18s You can support him by signing his petition at: https://www.change.org/p/boris-johnson-suspended-children-s-free-bus-pass and sharing it with your friends.

There are lots of amazing young people in Hackney and we want to thank you for inspiring us through lockdown. We promise to continue to amplify your voices. Throughout the summer, HYP will be holding a programme for young people to 'talk politics' and we will also be recruiting new members! If you're passionate about your community and want to be a part of creating positive change, please visit https://www.younghackney.org/get-involved/ for more information.

Our political education must be ongoing and not just another trend like Tiger King... Remember, WE ARE THE FUTURE!

We hope this guide can support you to have another great summer full of fun, whilst social distancing of course!

PLEASE NOTE: Children's centres will be closed from 17 to 30 August. For more info visit: www.learningtrust.co.uk

Sport

Access to Sports Summer Programme

This summer holiday, Access to Sports Project are offering an exciting free holiday programme for young people aged eight to 19

- Sports activities and coaching in a variety of sports including: football and basketball skills and challenges, cricket, archery, athletics, tennis, fitness, dance, multi-sports and more
- Multi-sports coaching camps
- Sports leadership training and volunteering

All activities will be delivered in line with Covid-19 safety guidance and will be delivered in outdoor locations, in small, socially distanced groups. All bookings MUST be made online in advance. Limited spaces available, visit: www.accesstosports.org.uk; or email: info@accesstosports.org.uk

Multi-Sports Camp

Finsbury Park Basketball Court, N4 2NQ
21 July-28 August,
Mon-Thur, 10am-3.30pm
Free. Age: 8-16

Football & Multi-Sports Camp

Millfields Park, Lea Bridge Road, E5 9QH
21 July-28 August,
Mon-Thur, 11am-1pm & 1.30pm-3.30pm
Free. Age: 8-16

Multi-Sports

The Edge Youth Hub (Young Hackney)
27 July-28 August, Mon-Fri, 10.30am-12noon (Juniors) & 3pm-6.30pm (Seniors)
Registration required:
www.younghackney.org
Free. Ages: 8-11 & 12-16

Multi-Sports

Forest Road Youth Hub, (Young Hackney)
27 July-28 August, Mon-Fri, 10.30am-12noon (Juniors) & 3pm-6.30pm (Seniors)
Registration required:
www.younghackney.org
Free. Ages: 8-11 & 12-16

Haggerston MUGA Juniors (football, multi-sports, tennis and basketball)
Haggerston Park 3G pitches; Mon & Wed 1.30pm-3.30pm, Thur & Fri 2.30pm-4.30pm
Football, basketball and tennis in groups of no more than 6.

Further programmes are due to be announced, including:

- Athletics, Tennis & Basketball at Finsbury Park
- Cricket at MillfieldsPark
- Girls Get Active!

For more info, email: YHsportsunit@hackney.gov.uk;

Young Hackney Sports Unit

Young Hackney's Sport Unit is offering sport and physical activities for young people aged 6 to 18 from 27 July to 28 August. All activities are free to participate in, with all equipment provided by the sports unit. Limited spaces are available. Email YHSportsunit@hackey.gov.uk to find out more information or to book a space.

Haggerston MUGA Seniors (football, multi-sports, tennis and basketball)
Haggerston Park 3G pitches; Mon & Wed 3.30pm-5.30pm, Thur & Fri 4.30pm-6.30pm
Football, basketball and tennis in groups of no more than 6.

Young Hackney Jedis Basketball
Where: Hackney Downs Basketball Courts
Every Tue 4-5pm
Basketball in groups of no more than 6.

Bike Club
Pearson Street Adventure Playground, run by Cycle Club Hackney; Every Fri 1.30pm-3pm
Learn to ride and fix bikes and explore the area with qualified cycle coaches.

Family Fitness
Daubeney Fields (Meet by the park);Tue 12noon-1pm, Fri 12noon -1pm
A family fitness session for parents & young people.

Stand Up Paddle Board (with Leaside Trust)
Daubeney Fields/River Lea
Wed 10.30am-12noon & 1pm--2.30pm

Bike Club (with Cycling Club Hackney)
Concorde Youth Hub; Wed 1pm-3pm & 4pm- 7pm

Inspire Multi-sports Club (for SEND young people)
Hackney Marsh Adventure Playground; Thur 3.30pm-5pm

Advanced Skateboarding Club
Hackney Marsh Adventure Playground; Thur 5pm-7pm

Bike Club (with Cycling Club Hackney)
Concorde Youth Hub; Sat 10-12noon & 2pm-4pm
For senior young people and more advanced riders

Hackney Bumps Skateboard Lessons
Hackney Bumps, Daubeney Fields; Sat 2.30pm-4.45pm

Multi-sports Activities
Kings Crescent Estate / Vince Murrain CC, Finsbury Park, N4 2XG; Mon 1pm-2.30pm

Multi-Sports Activities
Lordship estate (Oak House MUGA, N16 0PZ); Mon 1pm-2.30pm

Multi-Sports Activities
Stoke Newington MUGA, Mildmay Road; Tues 1pm-2.30pm

Multi-Sports Activities
MUGA Shacklewell estate; Tues 1pm-2.30pm

Multi-Sports Activities
Shakespeare Walk Adventure Playground, Shakespeare walk, N16 8TB
Thur 12.30pm-1.45pm (Juniors Under 13), 4pm-5.30pm (Seniors: 14y+)

Bike Maintenance
Shakespeare Walk Adventure Playground, Shakespeare walk, N16 8TB
Every fortnight, Thur 12.30pm -2:pm

Multi-Sports Activities
Newington Close (Manor House), Fri 4pm-6pm

Multi-Sports Activities
Gainsborough Primary School, Berkshire Road, E9 5ND
Tue, Wed & Thur, 11am-1pm, 2pm-4pm & 4.30pm- 6.30pm
Multi-sport activities including netball, basketball, football, tennis & athletics. Ages: 12-16 & 16-19. badusports.co.uk/; info@badusports.com

Coaching qualifications

During the holidays there are opportunities for young people to gain skills, qualifications and voluntary experience as sports leaders. These free-of-charge coaching and leadership courses include:

- Leadership Academy: gain leadership skills, volunteer & free kit and uniform
- Level 1 Awards in Sports Leadership
- Duke of Edinburgh Awards
- Football Leadership Award
- Tennis Leaders Award

For more information and to book a place, email: coach.education@accesstosports.org.uk or visit: accesstosports.org.uk

Sports Ambassadors Programme

The Sports Ambassadors project aims to give young people the opportunity to deliver and coach sports whilst learning youth work techniques. By taking part you will develop leadership skills and learn how to coach sports sessions with opportunities to volunteer for sports events in the borough and across London. You can gain accredited coaching qualifications or professional youth work qualifications whilst improving your employability and having fun. For more information, contact: **simon.woods@hackney.gov.uk;** Tel: **020 8356 2341**

Adventure Play

Young Hackney Adventure Playgrounds

Create dens, make fires, climb trees, grow vegetables, cook, paint, meet and make friends. Our exciting adventure playgrounds offer a full range of play possibilities, allowing young people to explore their environment, deal with challenge and risk, and build resilience. Call, or email our play teams.
Free. Age: 6-15

All play activities will be delivered in line with Covid-19 safety guidance and will be delivered outdoors at playgrounds, in small socially distanced groups. Young people will need to book in advance to attend the playgrounds, as limited spaces are available. Please call the playground to enquire about bookings.

Shoreditch Adventure Playground

Mintern Street, N1 5EF
Tel: 020 7729 3770;
info@hackney.gov.uk;
www.younghackney.org
27 July-28 August, Mon-Thur, Morning session: 11am-12.30pm; Afternoon session: 2.30pm-4pm; Fri, 1pm-2.30pm (ages 13+)
Free. Age: 6-15

Hackney Marsh Adventure Playground

Daubeney Fields, off Kingsmead Way, E9 5PP
Tel: 020 8986 7245;
info@hackney.gov.uk;
www.younghackney.org
27 July-28 August,
Mon-Fri, Morning session: 11am-12.30pm, Afternoon session: 1.30pm-3pm
Free. Age: 6-15

Shakespeare Walk Adventure Playground

69 Shakespeare Walk, Stoke Newington, N16 8TB
Tel: 020 7249 8405;
swapan16@swapa.org.uk;
www.swapa.org.uk
Please call for further details.
Free. Age: 6-15

Homerton Grove Adventure Playground

Wardle Street, E9 6BX
Tel: 020 8985 9202;
homerton@hackneyplay.org; www.hackneyplay.org;
Mon-Fri, 10.30am-5.30pm
Booking and registration required.
Free. Age: 6-15 (under 6s with an adult)

Pearson Street Adventure Play

28 Pearson Street, E2 8JD
Tel: 020 8985 9202;
kay@hackneyplay.org;
www.hackneyplay.org
27 July-28 August,
Mon-Wed, Fri, 10.30am-5.30pm
Booking and registration required..**Free. Age: 6-15**

Libraries

LIBRARIES FOR LIFE

Hackney E Library

Hackney E Library is open 24/7 and can be accessed anywhere with an internet connection. Hackney ELibrary gives all Hackney Residents access to hundreds of ebooks, newspapers, emagazines and learning and research resources. You only need a library card. For more information visit: https://hackney.gov.uk/e-library

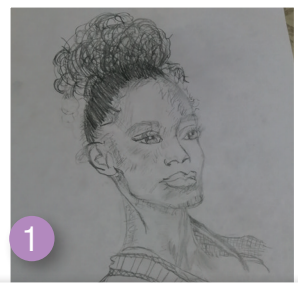
This summer we have a full schedule of crafts activities, quizzes and more that can be accessed via Twitter: **@hackneylibs** and Facebook: **@hackneylibraries**

Take a look and join in.
Hackney Libraries are closed but will reopen soon.
Please call **020 8356 3000** or visit **https://**hackney.gov.uk/libraries

Lockdown Archive!

Lockdown gallery

Our online art competition was all about imagination! We wanted to help give young people a creative outlet during lockdown as well as document their honest thoughts and feelings at the time. We had an overwhelming amount of entries from children and young people of all ages across the borough. All the artwork submitted was of an amazing standard and included drawingsw, photographs, paintings and poems based on a theme set each week. These themes varied from 'Portraits' to 'What can you see outside your bedroom window?'. Our judges were so blown away by the artwork sent in, that often even those who didn't win the round received special recognition and prizes. We want to thank everyone who entered and participated in creating Hackney's very own Lockdown Archive.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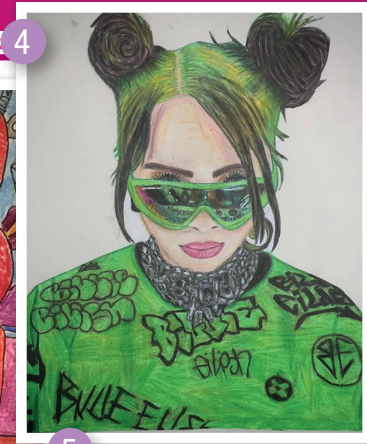
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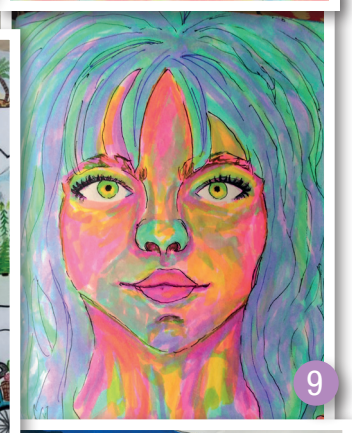
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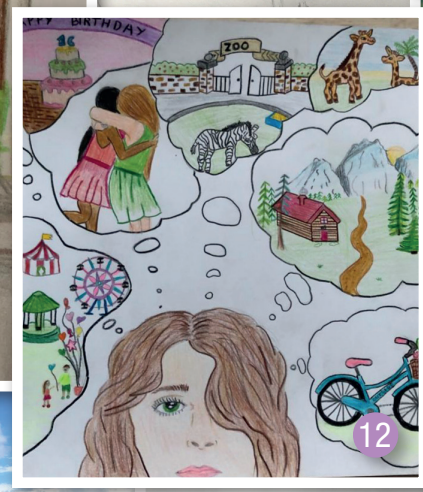

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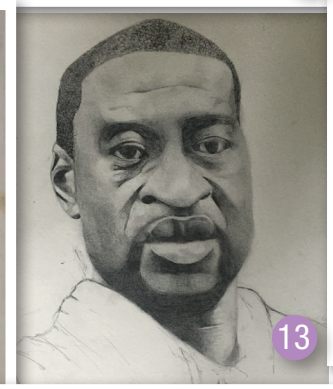
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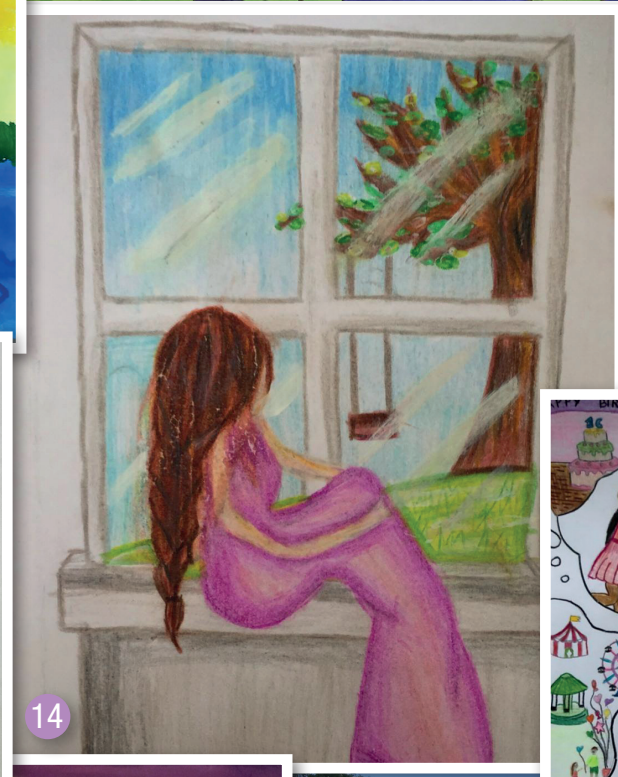
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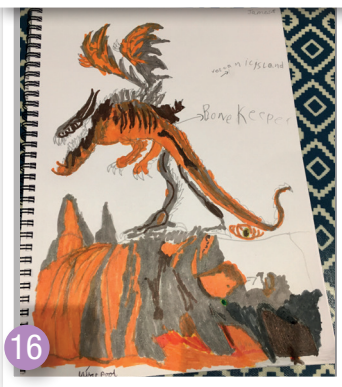

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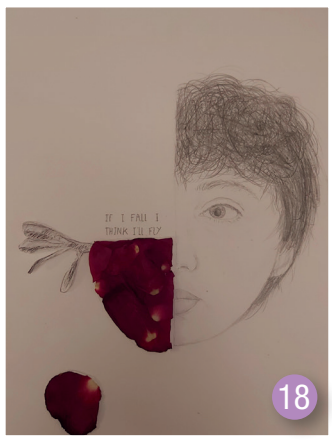

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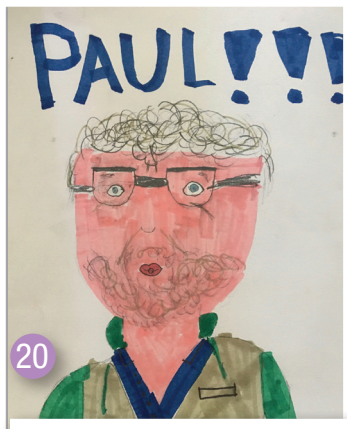

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1. Precious, 10;
2. Javeh-Katia, 6;
3. Arto, 10;
4. Maisie, 13;
5. Taniesha, 16
6. Chieyiem, 7
7. Orly, 7
8. Robyn, 17
9. Amy, 15
10. Rio, 9
11. Abdulahi, 19
12. Justyna, 15
13. Sophie, 16
14. Maisie, 14
15. Patryk, 9
16. James, 8
17. Sofian, 12
18. Daniel, 14
19. Aqsa, 8
20. Eloisa, 8

Young Hackney Youth Hubs

Enjoy a packed summer at the Council's Young Hackney hubs and clubs. Activities are free and inclusive. **Free. Age: 6-19 (up to 24 if you have support needs)**

Young Hackney Concorde Centre

Kingsmead Way, E9 5PP
Tel: 020 8510 0979;
jobrodie-mends@hmp.org.uk; www.younghackney.org
Please contact the youth hub directly for information about the programme.
Free. Age: 7-19

Young Hackney Stoke Newington

Chaucer Court, Chaucer Court, Shakespeare Walk, N16 8TS
Tel: 020 7923 1633;
jobrodie-mends@hmp.org.uk; eojo@hmp.org.uk; www.younghackney.org
Please contact the youth hub directly for information about the programme..
Free. Age: 7-19

Young Hackney Forest Road

29 Forest Road, E8 3BY
Tel: 020 8356 2200;
info@hackney.gov.uk; www.younghackney.org;
27 July-28 August, Mon-Fri
Juniors (6-12 years), 10am-1pm; Seniors (13-19 years), 5pm-8pm
Registration required on the website. Please get in touch for further information.
Free. Age: 6-19

Young Hackney The Edge

Woodberry Grove, N4 1SN
Tel: 020 8356 1063;
info@hackney.gov.uk; www.younghackney.org;
27 July-28 August, Mon-Fri,
Juniors (8-12 years), 10am-1pm; Seniors (13-19 years), 5pm-8pm
Registration required on the website. Please get in touch for further information.
Free. Age: 8-19

Blue Hut

Blue Hut Youth Centre
49 Provost Street, N1 7NZ
Tel: 020 7729 6970;
esther@skyway.uk.com; marlon@skyway.com; www.skyway.london
20 July-28 August
Mon & Wed, 2pm-6pm
Limited spaces. Every member will need to fill in a membership form and anyone under 16 will need parental consent. For more details please turn to page 8.
Free. Age: 8-25

Hackney Quest

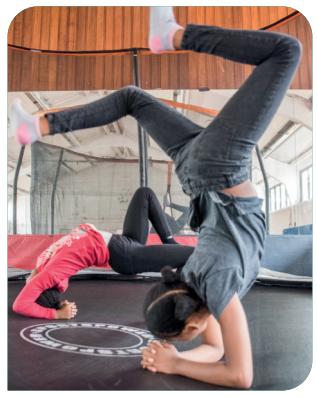
1 Poole Road, E9 7AE
Tel: 020 8533 0210;
enquiry@hackneyquest.org.uk; www.hackneyquest.org.uk; 27 July- 27 August
Morning sessions 10am-1pm, afternoon or evening sessions either 2pm-5pm or 5pm-7pm
A young person must become a registered member of Hackney Quest to join. Activities will remain local to Hackney, predominantly in local parks and outside spaces. Group sizes will be a lot smaller than normal.
£2 per day. Age: 8-19

North London Muslim Community Centre

66-68 Cazenove Road, N16 6AA
Tel: 020 8806 1147 (ext 4);
Taz@nlmcc.org.uk; www.nlmcc.org.uk
Please contact for more information on the summer programme. Activities for young people from all backgrounds in a way that is culturally appropriate to the needs of the Muslim community.
Free. Age: 8-19

Pembury Comunity Centre

1 Atkins Square, Dalston Lane, E8 1HL
Tel: 07736 848 110;
Anslem.herelle@peabody.org.uk; www.peabody.org.uk/neighbourhoods/whats-on-at-pembury
3-28 August Mon-Thu, 10am--3pm
Outdoor activities, trips out and excursions, dance, arts and crafts. Call, or email, for more information and to book activities.
Free. Age: 8-17



Youth activities

Immediate Theatre

The Adiaha Antigha Centre, 24-30 Dalston Lane, E8 3AZ;
Tel: 020 7682 3031;
info@immediate-theatre.com; www.immediate-theatre.com; 27-31 July,10.30am-1pm (online) ages 5-11; 3-16 August, 11am-4.30pm Mon-Fri, ages 12-18 (25 for young people with disabilities)
Take part in online sessions to develop a radio play exploring the theme of isolation. There will also be opportunities to take part in mini workshops in Dramaturgy, Free writing and Photography. To register online, email charmain@immediate-theatre.com, or call 07525892953. **Free.**

The Yard Theatre

Unit 2a, Queen's Yard White Post Lane, E9 5EN; Tel: 07523 298 482;
local@theyardtheatre.co.uk theyardtheatre.co.uk/
3 -27 August. Mon-Thur: Tue & Thur ,12noon-1pm ages 6-10; Tue & Thur 2pm-3.30pm ages 11-14 ; Mon & Wed, 3pm-5.30pm, ages 15-19
Learn theatre making skills and create a gift for a person who may be isolated in the community. Email for registration details. **Free.**

Tropical Isles

Young Hackney, 29 Forest Rd, Dalston, E8 3BY, or Rose Lipman Building, 43 DE Beauvoir Road, N1 5SQ
Tel: 07985 154 932; info@tropicalislescarnival.org; tropicalislescarnival.org
22 July-27 August
Tue (arts & crafts) 1pm-2pm); Wed (dance), 11am-12.30pm & 6.30pm-8pm; Thur (dance) 6pm-8pm
Contact for booking or registration. **Free. All ages**

Hackney Empire

Hackney Empire, 291 Mare St, E8 1EJ;
Tel: 020 8510 3459;
projects@hackneyempire.co.uk; hackneyempire.co.uk/creative-futures
See Instagram: @HEfutures or visit the website for further information on creative and performing arts projects.
Free. Age: 14-19.

Hoxton Hall

130 Hoxton Street, N1 6SH; Tel: 020 7684 0060;
youtharts@hoxtonhall.co.uk; www.hoxtonhall.co.uk;
20 July-15 August. Mon-Thu,
Session 1, 10.30am-12noon;
Session 2, 1pm-3pm
Take part in an interactive movement piece, which aims to teach skills such as recording, story writing, documentary skills, plus more. Visit the website for sign up links. **Free. Age: 7-19.**

DAY-MER, Turkish & Kurdish Community Centre

Former Library, Howard Road, N16 8PU;
Tel: 020 7275 8440;
info@daymer.org; www.daymer.org
27 July-28 August. Mon-Fri, 11am-5.30pm
For booking and registration contact during office hours. Contribution for outdoor activities. Activity date and time subject to change.
Ages: 10-15

Rising Tide x The Plug

270 Mare Street, E8 1HE;
Tel: 020 8986 3222; 07748 969 008; paul@rising-tide.org.uk; https://rising-tide.org.uk/; Contact for more details
Email or visit: @risingtideldn
Free. Age:16-25

Shoreditch Town Hall

380 Old Street, EC1V 9LT;
Tel: 020 7739 6176; james@shoreditchtownhall.com; https://shoreditchtownhall.com; November 2020 - March 2021; Contact for more details
Check for price. Age 16-19

Eastside Educational Trust

Suite 16, Perseverance Works, 37 Hackney Road, Shoreditch, E27NX;
Tel: 020 7033 2380; 07904 515 316; matt@eastside.org.uk; https://www.eastside.org.uk/; November 2020; Contact for more details
Cost TBC. Age 11-14

Mayamada

Unit W10, 8 Woodberry Down, N4 2TG;
Tel: 07904 550 290; hello@mayamada.com; https://www.thestoryboard.org/
28 October - 25 March
Free. Age 15-18.

SDNA

37 Canal Building, 135 Shepherdess Walk, N1 7RR;
Tel: 07932 594 252; 07838 193 786; info@sdna.tv; http://www.sdna.tv
1 October-30 November; Workshops : 20 January-

Advice & Support

Young Hackney Support

Young Hackney Centres
Tel: 020 8356 7404;
info@hackney.gov.uk; www.younghackney.org/advice
Help and support that is easy to access and tailored to your needs. To make a referral, call the service directly, or visit one of the centres. **Free. Age: 6-19**

Prospects

Tel: 020 8356 2664;
www.prospects.co.uk
Get advice about jobs, learning, health, housing, relationships, rights and travel. **Free. Age: 8-19 (up to 25 for young people with disabilities)**

Come Correct

www.comecorrect.org.uk
Free condom scheme for young people, aged 24 and under. There are over 80 locations in Hackney where free condoms are available. Register online for your C-Card (you need to be over 16 to do this).
Free. Age: under 24

CHYPS+

Tel: 020 7683 4070;
www.chypsplus.nhs.uk
Hackney's one-stop shop for health advice and health services for young people. In addition to our location below we also run clinics across Young Hackney Youth Hubs.
Free. Age: 11-19

CHYPS+ The House

Lower Clapton Health Centre, 36 Lower Clapton Road, E5 0PD; Mon, Tue, Thur, Fri; 12noon-6pm; Wed; 1.30pm-7pm; Sat

12noon-4pm
Drop-in clinic, appointments also available.

Off Centre

Unit 7, The Textile Building, 2a Belsham Street, E8 6NG
Tel: 020 8986 4016;
www.offcentre.org.uk
A counselling, art therapy, advice and information service for young people aged 16-25 in City & Hackney. Its services are designed to help young people take greater control over their lives. It offers a range of support, from 1-2-1 counselling and art therapy to advice and key-working. It also runs an art therapy group and an LGBTQI+ youth group. Services are free and confidential.
Free. Age: 16-25

Young Hackney Substance Misuse Service

Tel: 020 8356 7377;
yhsms@hackney.gov.uk; www.younghackney.org/advice
Mon-Fri, 9am-9pm
Free, confidential, non-judgmental service for young people in Hackney. The Substance Misuse Service provides information about the effects of drugs and alcohol and advice on how to keep safe.
Free. Age: under 25

Youth Clubs

1 March 2021-
For bookings and more information email or call.
Free. Age 13-19.

Urban MBA

Woodberry Down Unit W10 N4 2TG & Dalston Den: 89A Kingsland High St, Dalston, E8 2PB; Tel: 07900 374 026; kofi@UrbanMBA.co.uk; http://urbanmba.co.uk/
23 September-25 November. Wed, 12noon--4pm & 2pm-6 pm
Available at two locations.
Free Age: 16-25

Studio Wayne McGregor

Here East, 10 East Bay Lane, Queen Elizabeth Olympic Park, E15 2GW
Tel : 020 7278 6015; 07939 527 046; jasmine@waynemcgregor.com; https://www.waynemcgregor.com; Taster workshops w/c 20 & 27 July, Training for peer leaders w/c 24 August; weekly sessions w/c 14 Sept - w/c 26 October
Free for activity and to attend the final performance. Age: 13-19

The Photography Foundation

69 Leonard Street, EC2A 4QS; Tel: 07932 331 388; bella@thephotographyfoundation.org; https://thephotographyfoundation.org/; 16, 30 Jan; 13, 27 Feb; 13, 27 March 2021
Sat, 11am -2pm
For the latest information, contact info@thephotographyfoundation.org **Free, registration required. 13-19**

Hackney Shed Ltd

c/o Dixon Wilson, WC2A 1LS; Tel: 07927 082 592; contact@hackneyshed.org.uk; http://www.hackneyshed.org.uk
9 July -27 Aug
Tue & Thur, 2pm-3.30pm
Free, registration required. Age: 13-19

Gahu Dramatic Arts

54 Gilby House E9 6HU
Tel: 07534 505 756
gahudramaticarts. org/;
Until 26 September
Sat 2pm-3 pm
Booking via Eventbright.**Free, registration required. Age: 11-18**

Hackney Wick FC

www.hackneywickfc.com
lauren.hwfc@gmail.com
Football training-on Instagram and at various estates throughout the summer. 'Wickers in the community' is an outreach and mentoring programme. Email to register.
Age: vary on activity. Free.

Mouth That Roars

29 Waterson St E2 8HT
Tel: 020 7729 2323
mouththatroars@btconnect.com; mouththatroars.com;
Tue 4pm-8pm ,SEND film drop in; Wed 2-8pm, make a film drop-in; Sat 12noon-5pm, make a film
Call for full programme. **Free. Age: 13-19 (25 SEND)**

Hackney Showrooms

Nina Lyndon; Tel: 07775 914 014; nina@hackneyshowrooms.com; 3 & 10 August 10am-4pm
'Futureheads' is an action-packed week bursting with challenges, games & outdoor adventures. It is aimed at developing young people's skills in problem-solving, divergent thinking, innovation and collaboration.

Mentoring Lab

Elaine Thomas; Tel: 07521 244 785; ethomas@thementoringlab.co.uk;
8-week programme,
2.30pm -7.30pm
A mixture of game time, Informal learning and mental health education. To be held in the following estates; Nisbet, Jack Dunning, Nightingale & Frampton Park Estate. Please contact for further information.

Stars and Stripes

Natalie Delaney; Tel: 07817 690 266; natalie@starsnstripes.org.uk;
6-week programme,
11.30am -5. 15pm
A mix of balanceability, boxercise and archery. To be held in the following estates: Wilton, Nelson Mandella and Sandford Court. Please contact for further information.

The Wickers

Sam Besode; Tel: 077486 286 681; sam@wickers.org.uk ; 6-week programme
Activities, including multisports, boxercise and trips, to be held in the following estates; Mabley Green, Victoria Park, Gascoyne and out-of-borough activities.Please contact for further information.

Leaside

Terry Kinsella; Leaside, Spring Lane, Clapton, E5 9HQ; Tel: 020 8806 6887; http://leaside.co.uk/; info@leaside.co.uk
Please contact for further information.

Young Hackney leadership programme

Join the Young Hackney leadership programme and become an agent of change in your community. The Youth Forums listed here are free to join. Call or email to get more information.

Young Hackney DofE

maxcine.hill-beattie@hackney.gov.uk
Gain a Duke of Edinburgh's Award, Bronze, Silver and Gold. Expeditions paid for if you commit to the programme. Weekly meetings held online.
Age: 14-19

Hackney Youth Opportunity Fund

yof@hackney.gov.uk
www.younghackney.org/
If you're aged 8-19, up to 25 if you have support needs, and have an idea for a project that would benefit other young people, you can apply to the Hackney Youth Opportunity Fund and make your idea a reality. Hackney YOF will fund sports, arts, culture and media projects, as well as projects that support volunteering and training up to £1500.

Hackney Youth Parliament Taster Sessions

Tel: 020 8356 8555
Curtis.Worrell@hackney.gov.uk
nana.adae-amoakoh@hackney.gov.uk
4 August at 2pm for four weeks:
meet.google.com/jjy-wbsh-wtn
"Our world is changing and it is up to us to decide whether that it is for the better" Hackney Youth Parliament represents the views of young people in the borough. They aim to advocate on behalf of their peers and contribute to positive change for all young people. They run campaigns about important issues, and hold regular events and consultations. If you are interested in becoming a member, we'll be holding sessions to experience what it means to be a Parliamentarian. This opportunity is welcome to all.

Go online
Get daily updates on your phone, tablet, or laptop. See more activities online and follow us at:
www.younghackney.org
@younghackney
facebook.com/younghackney

The Chat

Tel: 020 8356 8555
Curtis.Worrell@hackney.gov.uk
nana.adae-amoakoh@hackney.gov.uk
29 July at 5.30pm for five weeks:
meet.google.com/pcd-bpot-dwj
Eldridge Cleaver leader of the Black Panther party once said - "Too much agreement kills a chat."
Join Hackney Youth Parliament to keep the chat alive, as they debate and explore some of the most pressing issues in today's world. How and where did the inequalities we see today emerge? How do we create change? Come join a safe space as we attempt to dissect these ideas.

Get Woke and Chill Film Club

Tel: 020 8356 8555
Curtis.Worrell@hackney.gov.uk
nana.adae-amoakoh@hackney.gov.uk
30 July at 5pm
meet.google.com/duc-fder-ccz
Art can be a powerful learning tool. Over 5 weeks we will be screening 5 films (online) followed by discussion to unpack the messages they convey and what we can take away from these. The themes covered by the films will include race, resistance and power.

Please note: all information is correct at time of going to press, but may change. For the latest updates, visit: **www.younghackney.org**; or: **www.learningtrust.co.uk/childcare**

Discover Young Hackney

Discover Young Hackney's summer programme kicks off this month to deliver a series of activities to keep 13-19-year-olds connected, entertained and educated over the school holidays and into the autumn season. The festival is also extending its timetable to provide 16 online events and inclusive workshops until Spring next year to support young people's engagement year-round.

In light of Covid-19, activities will be accessible online and/or at venues in line with Government guidelines. The programme includes a wide range of art forms including entrepreneurial workshops, a digital mural project, contemporary dance, practical theatre and filmmaking classes, and much more. Sign up to events and find out more information at:https://www.younghackney.org/discover-young-hackney/

The Griot Way

Gahu Dramatic Arts
54 Gilby House, E9 6HU
Tel: 07534 505 756
gahudramaticarts.org
11 July -26 Sept
Sat, 2pm-3pm
Experience the rich history and myths of the African continent with interactive African storytelling sessions. Young people will learn how to create and deliver their own lockdown themed story in the tradition of an African Griot. Online. Booking via Eventbright. **Free, registration required. 11-18**

Over the Rainbow

Hackney Shed Ltd, c/o Dixon Wilson, WC2A 1LS
07927 082 592
vicki@hackneyshed.org.uk
http://www.hackneyshed.org.uk/remote-shed
9 July-27 August
Tue & Thur, 2pm-3.30pm
In collaboration with Hackney Empire, this project will benefit 15-25 year olds with Special Educational Needs and/or disabilities and/or neurodiversities. Young people will work with drama and music facilitators to create their own piece of work.. **Free, registration required. 15-25 with learning disabilities and/or neurodiversities.**

This Way for The Future

The Photography Foundation, 69 Leonard Street, EC2A 4QS
07932 331 388
info@thephotographyfoundation.org
www.thephotographyfoundation.org
Jan 16 & 30 January, 13 & 27 February, 13 & 27 March 2021, Sat, 11am-2pm
To develop new skills, confidence and inspire new interests in photography for young people, who may not have had the opportunity to consider photography as a career or source of creative expression. **Free, registration required 13-19**

For You, From Me

The Yard Theatre
Hub67, 67 Rothbury Rd, Hackney Wick, E9 5HA
07523 298 482
local@theyardtheatre.co.uk
theyardtheatre.co.uk/
3-27 August
Tue & Thur, 13-14;
Mon & Wed,15-19
Summer gift project for 13 -19 year olds who want to meet new people, get creative and make a positive impact on their community. Working with a professional artist, you will learn new theatre making skills and create a unique gift for a person who may be isolated in your community. **Free, registration required. 13-19**

Afraid to Unlock?

Immediate Theatre
24-30 Dalston Lane, E8 3AZ; 02076823031;
07525 892 953
charmain@immediate-theatre.com; www.immediate-theatre.com
3-16 August, 26-30 October; Mon & Fri,
Summer: 11am-4.30pm;
October: 10.30am-4.30pm
Create a play exploring the theme of wellbeing during the summer, then stage a live production of the play during October half term. Alongside the script development and rehearsals, participants will also take part in workshops on Free Writing, Dramaturgy and Photography.
Some online work. Rehearsals and performances at Wally Foster Community Centre Homerton Road E9 5QB
Tel: 0208 985 3972 Email: admin@wallyfostercc.org.uk; wallyfostercc.org.uk/
Call participation manager Charmain on 07525 892 953 or email charmain@immediate-theatre.com
Free, register online. 12-19 (25 with disabilities)

Dance Leadership Programme

Studio Wayne McGregor
Here East, 10 East Bay Lane, Queen Elizabeth Olympic Park, E15 2GW
020 7278 6015; 07939 527 046; jasmine@waynemcgregor.com; www.waynemcgregor.com;
Taster workshops, 20 &

27 July; Training for peer leaders, 24 August; weekly sessions, 14 September-26 October
Studio Wayne McGregor will work in partnership with Badu Community to deliver a leadership programme in contemporary dance with a mix of online and studio-based activity, culminating in the performance of a new dance work created by young people. Initial activity will take place online, workshops and sharing will take place at Studio Wayne McGregor. **Free for activity and to attend the final performance. 13-19**

Creative Business: Urban MBA

Woodberry Down Unit W10, 8 Woodberry Downs N4 2TG; Dalston Den: 89A Kingsland High St, Dalston, E8 2PB
07900 374 026
kofi@UrbanMBA.co.uk
urbanmba.co.uk/
23 September-25 November; Wed, 12noon-4pm & 2pm-6pm
A 10-week course featuring new technology and industries, how to create a brand and how arts, and creative thinking can set you apart. The Dragon Den pitches will allow each participants to invite 2 members to view event plus the 3 panel members. If unable to provide this due to social distancing we will video conference the event.
Free16-25

Digital Murals

SDNA, 37 Canal Building, 135 Shepherdess Walk, N1 7RR
079325 94 252; 07838 193 786
info@sdna.tv; mural@movingimage.art; http://www.sdna.tv
1 October-30 November
Workshops; 20 January-1 March
'Digital Murals' aims to give around 15 young people the chance to have their voices heard. Participants will engage in a series of online creative workshops and activities leading to the production of large scale audio-visual installations that will be projection mapped onto landmark buildings in the borough. The workshops and tutorials will be made available online for future use.
Free. 13-19

The Story Board

Mayamada
Unit W10, 8 Woodberry Down, N4 2TG
07904550290
hello@thestoryboard.org
https://thestoryboard.org/
28 October-25 March;
contact the organisation for details
Young people will be introduced to manga comic art and encouraged to develop their own ideas These ideas will be turned into physical comics that will be showcased in their community. **Free. 13-16**

Breakthrough Film Club (BFC)

Eastside Educational Trust
Suite 16, Perseverance Works, 37 Hackney Road, Shoreditch E27NX
020 7033 2380; 07904 515316
matt@eastside.org.uk
www.eastside.org.uk/
November; contact the organisation for details
A 3-week filmmaking training course to guide students to learn the art of filmmaking, increasing their digital awareness and helping them create their very own short film to enter into a young person's Digital Film Festival.
Price TBC. 11-14

Switched On - Growing Beyond

Rising Tide x The Plug
270 Mare Street, E8 1HE; 020 8986 3222; 07748 969 008
paul@rising-tide.org.uk; @risingtideldn; rising-tide.org.uk/;
contact the organisation for details, 6pm-7.45pm
A 6-week series of online workshops for budding entrepreneurs. The programme will be open to young people who have a clear idea of their product/service and can tell us all about it in the first instance. The workshops will be faciliated by local young professionals with active, successful businesses who will be in turn supported by Rising Tide corporate champions. **Free. 16-25**

Reconnect Programme & Youth Board

Shoreditch Town Hall
380 Old Street, EC1V 9LT
020 7739 6176
james@shoreditchtownhall.com; shoreditchtownhall.com; November-March 2021; contact the organisation for details
A programme of 20 cultural workshops, events and activities, alongside the establishment of Shoreditch Town Hall's first ever Youth Board, all developing and promoting the creative skills and expertise of young people in the borough. Some project activity will take place online.
Free. Some larger activity may incur small costs for participants. There will be no costs associated with sitting on the Youth Board. 16-19

Lockdown Capsule

Hoxton Hall
130 Hoxton Street, N1 6SH
02076 840 060
grace@hoxtonhall.co.uk
https://www.hoxtonhall.co.uk/youtharts
July- September. Tue & Thur, 4.30pm-6.30pm
An interactive movement piece that will share experiences of young people throughout this challenging period. The project aims to teach recording, story writing, and documentary skills, plus more.The sessions will begin digitally in the young peoples homes.
Free. 14-19

Carnival Care Lockdown

Tropical Isles
29 Forest Rd, Dalston, E8 3BY, or Rose Lipman Building 43 DE Beauvoir Road N1 5SQ
7985 154 932
info@tropicalislescarnival.org; www.tropicalislescarnival.org;
@tropicalIsles carnival
22 July-27 August
Arts & crafts: Tue, 1pm-2pm; Dance: Wed, 11am-12.30pm & 6.30-8pm;
Thur, 6pm-8pm
Tropical Isles is proud to announce a Carnival Care Package a box filled with carnival craft essentials that can be delivered to your door to stay creative in your own home, keeping the carnival spirit alive. Also Tropical Isles will be providing 3 sessions workshop in carnival making with your care package, 2 online sessions in dance and 3 tutorials music making during this summer.
Free. 13-19

Young Hackney

SkyWay Activities

SkyWay Charity's activities for young people will be restarting for the summer holiday. All sessions, which will take place at Blue Hut Youth Centre, will adhere to social distancing rules, take place outside and group sizes will vary from 5-10 young people dependent on the activity and needs of the young people. Please contact Blue Hut to discuss in more detail and to book a session.

Blue Hut

Blue Hut Youth Centre
49 Provost Street, N1 7NZ
Tel: 020 7729 6970;
esther@skyway.uk.com;
marlon@skyway.com;
www.skyway.london
Twitter: @SkyWayCharity
Instagram: skywaycharity
Anyone under 16 will need parental consent.

Youth activities

Activity Sessions

27 July, Mon, 12noon-1.30pm; 2.30pm- 4pm
Take part in activities such as multi-sports, arts and crafts & outdoor gym. Open to all but limited to 4 groups of 5 young people. Please contact to book a space prior to the session.

Football Skills Session

28 July, Tue, 1pm-2pm; 2.30pm-3.30pm
Learn some new football skills in our SkyWay football skills sessions (4 groups of 5 young people). Please contact to book a space prior to the session.

Outdoor Gym

28 July, Tue, 4pm -5pm
Get fit, improve your stamina and have fun, join our outdoor gym sessions run by a qualified personal trainer (2 groups of 5) Please contact to book a space prior to the session

Outdoor Movie

29 July, Wed, 3pm-4.30pm Girls only session), 5pm-6.30pm
An outdoor cinema experience. So relax, grab some popcorn and enjoy a movie! Contact SkyWay to book a place.

Activity Sessions

3 August, Mon, 12noon-1.30pm, 2.30pm-4pm
Take part in activities such as multi-sports, arts and crafts, outdoor gym. Open to all but limited to 4 groups of 5 young people. Please call and book a space prior to the session.

TikTok Dance/ Challenges

4 August, Tue, 3pm-4.30pm
Girls only session. Girls will be practising and recording fun TikTok challenges and dances

Outdoor Gym

4 August Tue, 5pm-6pm
Get fit, improve your stamina and have fun, join our outdoor gym sessions run by a qualified personal trainer (2 groups of 5) Contact SkyWay to book

Outside Arts & Crafts / Tie-Dye

5 August, Wed, 2pm-3.30pm
Girls only session. Get creative; take part in our outside arts and craft session and create your very own tie-dye masterpiece.

Outside Arts & Crafts / Tie-Dye

5 August, Wed, 4.30pm-6pm
Get creative; take part in our outside arts and craft session and create your very own tie dye masterpiece.

Activity Sessions

10 August, Mon, 12noon-1.30pm, 2.30pm- 4pm
Take part in activities such as multisports, arts and crafts, outdoor gym. Open to all but limited to 4 groups of 5 young people. Please call and book a space prior to the session.

Picnic

11 August, Tue, 2pm-3.30pm, 4.30pm-6pm
Eat outdoors, have a break, enjoy the warm sunshine, and have fun with friends – social distancing will remain.

Rounders

12 August, Wed, 2pm-3.30pm
A game of rounders will be played with 5 young people each. The rules will be adjusted to fit the government guidelines around social distancing.

Outdoor Boxing

12 August, Wed, 4.30pm- 5pm
Try something new, build up strength, get fit and learn the techniques of shadow boxing.

Activity Sessions

17 August, Mon, 12noon-1.30pm; 2.30pm-4pm
Take part in activities such as multisports, arts and crafts, outdoor gym. Open to all but limited to 4 groups of 5 young people. Please call and book a space prior to the session.

Slider Project

18 & 19 August, Tue & Wed, 2pm-4pm, 4.30pm-6.30pm
Get creative and learn how to design then customise your very own sliders. All equipment will be provided and the sliders will be yours to keep.

Mental Health support

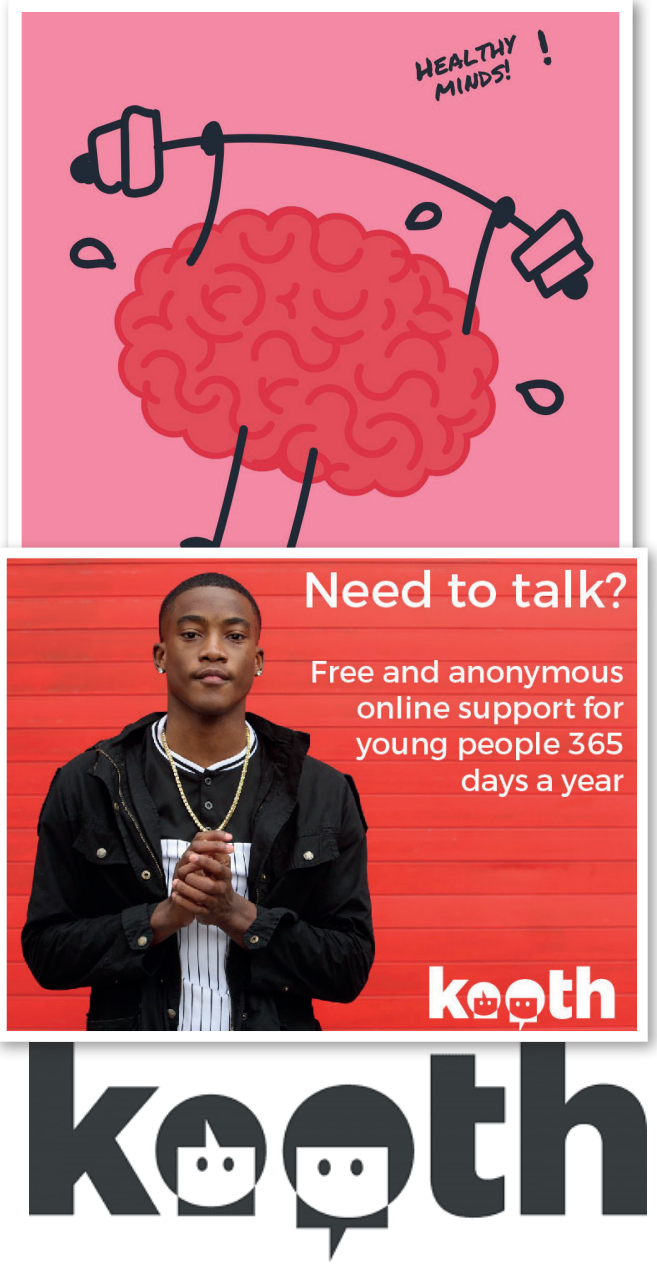
Speaking about emotional wellbeng

It's fair to say the last four months have been a challenge for us all and we understand that everyone has been affected differently. Which is why now more than ever, we must not only be kind to each-other but also kind to ourselves and our mental health.

It is okay not to be okay but often talking to someone can help. This might be a friend or a family member or sometimes having someone else can be most helpful.

If you would like to speak to us directly about your emotional well-being or the emotional well-being of a child or young person you know please call us on **020 8356 7404**, Mon-Fri 9am-5pm. Young people can also access one-to-one drop-in sessions via our online hub every Wednesday 4pm-5pm with theHealth & Well-being Team.
For more, visit: https://www.younghackney.org/campaign/online-youth-hub

Young people can also self refer to Kooth, an online counselling and emotional well-being platform accessible through mobile, tablet and desktop.
Speak to friendly counsellors and access articles, self-help materials, advice and community forums. It is free and anonymous.
For more details, visit: https://www.kooth.com
Additionally the new Child and Adolescent Mental Health Services (CAMHS) Alliance website for City & Hackney is now live. The website contains information about mental health support services for parents, young people, children and professionals.
For more information, visit: https://cityandhackneycamhs.org.uk



Our annual careers festival is back!

Summer Careers Festival

21 August, Fri, 12noon-3.30pm, Forest Road Youth Hub
Receiving your exams results and figuring out what your next steps are can be extremely overwhelming.
This year will be even harder for many young people due to changes regarding education and exams because of coronavirus.
We understand how much this will affect you and want to help you find the next steps that best suit you after results day, whether that be college, university, an apprenticeship or employment.
You will be able to access free expert advice and guidance, and speak to professional careers advisers from Prospects.
Local colleges and training providers will also be on hand to talk about the opportunities they are offering.
With the present coronavirus restrictions the festival will be a combination of face-to-face and virtual sessions.
For more information please contact jim.ausbury@prospects.gov.uk or visit http://www.younghackney.org/summer-careers-festival/
Age: 16+