



# What's on

at Young Hackney  
Forest Road...

29 Forest Road, E8 3BY



## Young Hackney: Young Carers

**Every Wednesday at the Forest Road Youth Hub, 5pm - 7pm**

Young Carers Youth Group

Take part in a range of fun games and activities or just relax with friends.

### Monthly Friday Trips

Young Carers Group Trip

This terms trips are:

- Friday 31st January: Cinema Trip
- Friday 21st February: Day-time trip - let us know where you'd like to go!
- Friday 20th March: Let us know where you'd like to go!

### February Half Term

Young Carers activities to get involved in during the half term

- Monday 17th February: Arts and Crafts (TBC)
- Wednesday 19th February: Cooking at Forest Road Youth Hub 5pm - 7pm
- Friday 21st February: TRIP! Let us know where you'd like to go!

### Young Carers Awareness Day 2020

Young Carers Awareness day is on Thursday 30th January 2020. For the week beginning 27th January, we will be raising awareness for Young Carers to ensure they are receiving the support and recognition that they deserve.

All activities are FREE to attend. Trips are allocated on a first come-first served basis. For more information about any of the above, get in touch with us:

Email: [YH.YoungCarers@hackney.gov.uk](mailto:YH.YoungCarers@hackney.gov.uk) / Phone: 0208 356 4400 / Text or WhatsApp: 07971 450372 / or check out our website [www.younghackney.org/advice/young-carers/](http://www.younghackney.org/advice/young-carers/)